

Medications Which Must Be Withheld Prior to Skin Testing

All the medications listed below must be held at least 48 hours prior to skin testing, and the medications denoted by a * or + must be held longer than 48 hours. The majority of these medications are antihistamines used to treat allergy symptoms or hives. However, the sleep aids and medications used to prevent dizziness or nausea also have antihistaminic effects. If you are taking a tricyclic antidepressant, consult with your doctor before stopping it.

These medications are listed by brand name, with the (generic name) in parentheses.

Actifed (triprolidine HCL)	Disoprolol	Polaramine, Polargen
Alka-Seltzer Plus Cold (chlorpheniramine)	Dorcol	(dexchlorpheniramine)
* Allegra (fexofenadine)	Dristan	Pyribenzamine
Allerest (chlorpheniramine)	Drixoral	Pyroxate (chlorpheniramine)
* Alavert (loratadine)	Extendryl	Rhinex
* Atarax, Vistaril (hydroxyzine)	Fedahist (chlorpheniramine)	Rondec (carbinoxamine)
ARM	Hispril (diphenylpyramine)	Rynatan (chlorpheniramine/ pyrilamine)
Atrohist	Histabid	Rynatuss
BENADRYL (diphenhydramine)	Histadyl	Sine-Aid
Benylin (diphenhydramine)	Histaspan	Sinutab
Bromfed (bromphenaramine)	Isoclor	Sinutin (chlorpheniramine)
Chlor-Trimeton (chlorpheniramine)	Kronafed-A	Sudafed-Plus (chlorpheniramine)
* Claritin (loratadine)	Naldecon (phenytolozamine)	Tacaryl (methdilazine)
* Clarinex (desloratadine)	Napril	Tamine
Clistin (carbinoxamine)	Nolahist (phenindamine)	Tavist (clemastine)
Comhist	Nolamine (chlorpheniramine)	Teldrin
Congesprin	Novafed A	Temaril (trimeprazine)
Contact	Novahistine	Triaminic ((chlorpheniramine)
Coricidin (chlorpheniramine)	Optimine (azatadine)	Triaminicin
Deconamine	Ornade	Trinalin (azatadine)
Dehist	Ornex	Tussagesic
Dimetane	PBZ (tripeleennamine)	* Xyzal
Dimetapp	Periactin (cyproheptadine HCL)	* Zyrtec (certirizine)
Disobrom	Phenergan (promethazine)	

This list is not inclusive and does not include many combination cough/cold syrups, extended release products, or ophthalmic (eye) preparations.

Anti-nausea/Antivertigo agents:

Antivert, Bonine, DizmissR (meclizine)	Emete-Con (benzquinamide)
Bucadin-5 (bucitizine)	Marezine (cyclizine)
Compazine (prochlorperazine)	Marmine, Dramamine (dimenhydrinate)
Dymenate	Tigan (trimethobenzamide)

Non-prescription sleep aids and miscellaneous:

Tylenol PM, Unisom, Nytol, Sominex, Twilite, Quita, Midol-MSF

+Tricyclic or Tetracyclic antidepressants (Contact your prescribing doctor before discontinuing)

Adepin (doxepin)	Nopramin (desipramine)
Anafranil (chomipramine)	Pamelor (nortriptyline)
Asendin (amoxipine)	Remeron (mirtazapine)
Aventyl (nortriptyline)	Sinequan (doxepin)
Desyrel (TRAZADONE)	Surmontil (trimipramine)
Endep (amitriptyline)	Tofranil (imipramine)
Elavil (amitriptyline)	Trabcioak (chlormezanone)
Ludiomil (maprodine)	Vivactil (protriptyline)

*Time required to withhold medications * 5 days + 2 weeks*